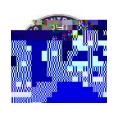


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Student Information:

Student Last Name Student First Name Year in school Scho y

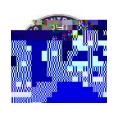


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EXTRACURRICULAR & ATHLETIC PROGRAM AGREEMENT

As a representative of the West Contra School Unified District, I agree to adhere to the following policies and principles as a participant in extracurricular activities and athletics. I realize that my participation in these programs is a privilege and any failure to abide by the foregoing guidelines will result in my dismissal from a program or team at my respective site:

- Maintain a minimum of at least a 2.0 gradess80oint average with no more than one "F" grade per a semester grading period.
- Ensure that all required emergency information is on file prior to any participation or involvement: medical release form, parent permission and consent for treatment form, insurance information.
- \bullet Ensure that all school fees have been resolved: student activity fees, uniform costs, library fees, etc. \bullet M
- Maintain 95% attendance, with the exception of an on-going illness or 3.99370n3(e)3.9917:.01416(p)d 0.0



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ATHLETE EJECTION POLICY NOTIFICATION FORM

The following rules and minimum penalties are applicable to players as adopted by the NCS Board of Managers on April 21, 1995. The policy will be in effect beginning with the 1995-1996 school year, (and will include non-league, league, invitation tournaments/events, post-season, league section or state playoffs, etc.).

- 1. Ejection of a player from a contest for unsportsmanlike or dangerous conduct.

 Penalty: The player shall be ineligible for the next contest (non-league, league, invitational tournament, postseason (league, section or state) playoff, etc.)
- 2. Illegal participation in the next contest by a player ejected in a previous contest.

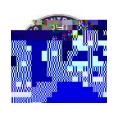
 Penalty: The contest shall be forfeited and the ineligible player shall be ineligible for the next contest.
- 3. Second ejection of a player for unsportsmanlike or dangerous conduct from a contest during the season. **Penalty:** The player shall be ineligible for the remainder of the season.
- 4. When one or more players leave the bench to begin or participate in an altercation.

 Penalty: The player(s) shall be ejected from the contest-in-question and become ineligible for the next contest (non-league, league, invitational tournament, post-season (league, section or state) playoff, etc.).

I have read and understand the rules and regulations of the Ejection Policy. Athletes may not participate in any contest until this documentation is filed with the school.

Student Name:		
Student Signature:	Date:	

Note: The signed policy statements are to be maintained at each school. An Ejection Policy Notification Form is to be filed, according to the league policy, either the league commissioner or with the North Coast Section.



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AGREEMENT FOR STUDENT-ATHLETE & PARENT/GUARDIAN USE OF STERIODS

As a condition of membership in the California Interscholastic Federation (CIF), the Governing Board of the West Contra Costa Unified School District has adopted Board Policy 5131.63 prohibiting the use and abuse of androgenic/anabolic steroids. CIF Bylaw 524 requires that all participating students and their parents/guardians sign this agreement.

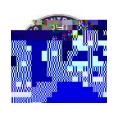
By signing below, we agree that the student shall not use androgenic/anabolic steroids without the written prescription of a fully licensed physician, as recognized by the American Medical Association, to treat a medical condition.

We recognize that under CIF Bylaw 200.D the student may be subject to penalties, including ineligibility for any CIF competition, if the student or his/her parent guardian provides false or fraudulent information to the CIF.

We understand that the student's violation of the district's policy regarding steroids may result in discipline



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CONCUSSION INFORMATION SHEET

What can happen if my child keeps on playing with a concussion or returns to soon?

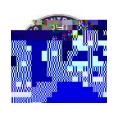
Athletes with the signs and symptoms of concussion should be removed from play immediately. Continuing to



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STUDENT MEDIA CONSENT AND RELEASE FORM

Throughout the school year, students may be highlighted in efforts to promote WCCUSD activities and achievements. For example, students may be featured in materials to train teachers and/or increase public



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FOR SCHOOL/DISTRICT USE ONLY

Checklist: YES NO

Verify address: